

Tiny Tattoo Pre & Post Care

What to do and what to expect

Our guide will help you prepare for and care for your Tiny Tattoo treatment. Adhering to these guidelines is essential for achieving the best possible results. The condition of your skin plays a key role in how well the pigment retains, and proper aftercare is just as crucial as the treatment itself. If you are in any doubt please reach out to us.

Before your appointment



Make sure the skin is healthy and hydrated in the placement area



No alcohol or caffeine 48 hours prior



Wear old clothes on the day - pigment is messy!



Ensure you are fit & well



Ensure you are hydrated



Don't numb the area prior to your appointment as it may compromise the healing



Keep exercise low intensity the day of your session as this will include blood flow



No sun burn or over exposure to sun before your session



Ensure you have completed our consultation form and let us know of any medications you may be taking

On the day we recommend you:

- Have a calm few hours before your appointment, making sure you have had something to eat and drink.
- Allow plenty of time to get to the studio
- Get excited be assured we will take care of you!

After your treatment

Normal symptoms you may experience immediately after and in the days following your treatment:

- Swelling and redness
- Tenderness/bruising
- Flaking and itchiness as the skin heals

We recommend the following steps to care for your tattooing. On occasion, your Artist may adjust your aftercare recommendations depending on your skin type - this will be advised on the day:

Do's:

- If second skin was applied to your tattoo, keep this on for approximately 3 days. It is normal for some fluid to form under the second skin. To remove it, gently pull the edge of the second skin.
- Wash the tattoo with fragrance free soap, leave to air dry and seal with a small layer of the balm provided, repeat this a couple of times a day.
- If your tattoo feels tight, you may apply more balm in a thin layer as needed.

Don't:

- Pick, peel or touch the area
- Submerge the area in water, including swimming pools and the sea
- Expose the area to steam rooms, saunas or jaccuzzi's
- Expose the area to sun or sunbeds for 2 weeks post treatment

Trust the process

After the flaking stage, it's normal for your tattooing to appear lighter in colouring. In some cases, due to the nature of fine line tattooing, you may need a re-touch session. No re-treatment can happen for a minimum of 4 weeks.

Long Term Care for your Tattooing:

- Avoid sun exposure - use a SPF 30+